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Living the Mission Experience

Delivering compassionate healthcare and the Gospel
to the most needy in the developing world

January 2018 Vol. 6, Issue 1

Forward to a Friend

Volunteering as a Family



Over the years we have been blessed to have a number of family members volunteer together on a mission, they each come away with a new-found sense of mission in their lives and a deeper growth in their relationships. As Pope Francis

has recently remarked, “We have among us missionary families ad gentes: families who travel to other regions and countries to find other peoples and cultures usually through already established ecclesial structures and channels like religious communities and movements or societies for apostolic life. To mobilize entire families for an apostolic purpose requires a serious process of discernment, maturity, and preparation. But already many communities in the United States are receiving or sending families in mission.”

In this edition of Living the Mission Experience we feature a mother who attended her first Helping Hands Mission with her son. I have witness the joy and growth of families who have served together on a mission. The time they spend together is some of the most quality time in their lives, whether, younger or more mature in years, every experience is special and creates lasting memories that will be the talk of family gatherings for years to come. Also, service of a family together is a wonderful witness to the poor in whom we serve.

Lupita Assad, RN

International Missions Coordinator Volunteer

*Are you interested in serving on a mission?
Please contact Gloria Madrigal at the international
headquarters of HHMM in Dallas, Texas at
(972) 253-1800*

Meet the Missionary Diane G'Sell, Volunteer

Home State: Missouri

Parish: St. Gianna Catholic Church

Mission: First



My first Helping Hands Medical Mission trip to Santo Thomas, Guatemala was a very rewarding experience.

I loved meeting the people of this region of the world and trying to relieve their pain. It was a journey of trust. Every day was unique

and different challenges arose. I found myself needing to rely on God's will and His plan rather than my own. I needed to learn to embrace each moment of the day as it played out, learning that my time was not my own. I learned so much from my fellow missionaries and the poor that I was there to serve!

What motivates me to volunteer, is that giving brings me great joy. I found so much peace and happiness in serving the poor. My favorite moments were with the children; playing and doing face-painting, I love the children! However it was most rewarding to work next to my son, Chris [Dr. Christopher G'Sell, DDS] in the dental clinic as he worked hard to relieve the pain and suffering of his patients. I am very much looking forward to another opportunity to serve on a Helping Hands Medical Mission.

Serve with us on a mission. Learn more at www.hhmm.org.