



# HELPING HANDS Medical Missions

Delivering compassionate healthcare and the Gospel  
to the most needy in the developing world

[www.hhmm.org](http://www.hhmm.org)

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Forward to a Friend

## Living the Missionary Experience

*Developing a robust and faithful mission team is not an easy task,  
especially if the mission site is almost 7,000 miles away!*

### Meet Eddie Jimenez.



Eddie has been volunteering with Helping Hands Medical Missions for 9 years and has attended 14 missions on various continents, all with great success. Eddie's most difficult assignment came in 2012-13 when he was asked to pull together a team of missionaries to serve in the Philippines.

Even though, Helping Hands has completed 7 missions in the Philippines over the last 9 years, finding willing volunteers to undertake such an arduous trip was not easy. Eddie's assignment was made even more challenging due to the fact that the 2012 mission had to be canceled due to lack of participants. Eddie had his work cut out for him, to say the least.

By the grace of God, Eddie began to build his mission team one by one. He planned and executed his plan almost to perfection. In his words, "I poured my life into building this team." It paid off! Not only did he pull together a great team; he built the largest team of missionaries ever to attend the Philippines Mission – 26 participants!

Eddie believes that building a successful team can be done by following the three points listed below.

- 1. Everything starts with prayer** – Ask God to help send you the volunteers for your team. For each mission, we need a wide range of expertise and personalities in order to achieve success.
- 2. Make a plan and start early** – If you have one year to build a team, start 11 months prior writing down goals, marking calendar dates, setting meetings, making phone calls and visits to encourage others to be part of your team. Many times it will take more than one phone call – be persistent for Christ and the souls whom you will serve.
- 3. Keep promoting the mission** – If you are praying each day about your team it will be at the top of your mind. When circumstances arise where you may have an opportunity to speak about your volunteering project, do so - in formal and informal settings... from PowerPoint presentations to discussions in the vestibule after Mass.

## Meet the Missionaries



Gloria Madrigal

Home state: Texas

Parish: Saint Luke Catholic Church

– Gloria has been involved with HHMM for 11 years working both behind the scenes and participating in 8 missions of her own. If she was not there, each mission would be a disorganized mess. Gloria works with many people from around the world, helping to keep each HHMM mission running smoothly and efficiently. Gloria reviews all the CVs, works with the local Ground Teams, coordinates the shipping of supplies, sends out mission updates, and much more. Gloria explains, "Being a part of part of HHMM has taught me many important lessons. One of them is to live simply, God many not always provide all our 'wants', but will take care of all our 'needs'."

*If you are interested in learning more about HHMM or would like to participate in an upcoming mission, please contact Gloria at [mission@hhmm.org](mailto:mission@hhmm.org) or (972) 253-1800.*

Serve with us on a mission. Learn more at [www.hhmm.org](http://www.hhmm.org).