



Living the Mission Experience

Delivering compassionate healthcare and the Gospel
to the most needy in the developing world

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Forward to a Friend

Improving People's Vision



Lupita Assad

It seems that this time of year many people are discussing their goals and aspirations for the New Year and we at Helping Hands are no different. We are constantly seeking ways to better serve Our Lord Jesus through our medical apostolate to the poor.

One of the areas which we would like to improve on in 2014 is to help the people we serve with improved vision. When you can see more clearly, physically *and* spiritually, your entire outlook on life changes.

For many years Helping Hands has been providing reading glasses to the poor. However, the process has been quite rudimentary to say the least. The glasses are usually donated by New Eyes Missionaries carry the glasses with them in their suitcases.

This year Helping Hands has a wonderful opportunity to provide a much more accurate reading of people's vision and will be able to provide them with a set of reading glasses that will enable them to see better.

Auto-Refractor

Equipment: An auto-refractor or automated refractor is a computer-controlled machine used during an eye examination to provide an objective measurement of a person's refractive error and prescription for glasses. This is achieved by measuring how light is changed as it enters a person's eye.

Service Provided: A computer database is then used to match the patient's prescription to a pair of over 1900 pairs of glasses.

Outcome: By the grace of God, missionaries who are trained in using the auto-refractor have helped thousands of people who live in poverty to improve their eyesight.

Therefore, one of our goals is to be able to use the auto-refractor on one of our missions in 2014 and give the gift of improved eyesight to over 250 people. What are some of your goals for 2014? If you are discerning a call to be a medical missionary and have particular questions about a mission please contact Gloria Madrigal. See you soon, on a mission!

Lupita Assad, RN

International Missions Coordinator

Meet the Missionaries



David Feola using an Auto Refractor on a recent mission trip.

Home state: Ohio

– David has participated in four mission trips, three to Ecuador and one to the Philippines. David is scheduled to go to the Philippines in February and to Peru in October of 2014. "I am really looking forward to this opportunity to serve the poor and help them improve their eyesight."



Norm Rados

Home state: Ohio

– Norm has been on four mission trips. The first was to New Orleans just after Hurricane Katrina hit the United States. He then went to Alaska, and his last two missionary trips have been to Ecuador where he served in the Vision Ministry as an optician. In February 2014, he plans to join the Helping Hands Mission on their trip to the Philippines and another mission in Peru in October.

If you are interested in learning more about HHMM or would like to participate in an upcoming mission, please contact Gloria at mission@hhmm.org or (972) 253-1800.