



Living the Mission Experience

Delivering compassionate healthcare and the Gospel
to the most needy in the developing world

www.hhmm.org

July 2014 Vol. 2. Issue 4

Forward to a Friend

Chiapas 2014



Our final mission of 2013-14 sure had many memorable moments. Typically, May is the rainy season in Chiapas, but rain did not deter our missionaries from carrying out their much needed mission of love and service to the poor.

San Cristobal de las Casas, Chiapas, is located in a mountainous region of Southern Mexico. Many of the poor in this region suffer from a lack of basic medical care. The Helping Hands Team provided various types of medical assistance throughout the week-long mission. This was our second trip to the region and overall I believe we succeeded in meeting our pre-mission objectives.

Mission Stats

Missionary Participants: 26

People Served: 800

The following mission accounts are from two Helping Hands Volunteers. Their brief summary gives you a glimpse into their missionary experience. I would also like to extend a special thanks to our newest Mission Chaplain, Fr. Philip Wolfe, FSSP. Father Wolfe celebrated Mass, administered the Sacrament of Reconciliation numerous times and gave us constant spiritual encouragement throughout the entire mission.

If it has been awhile since you have served on a mission or know someone who is considering a mission, please contact us at Helping Hands. It is our hope through these testimonials that you will be encouraged to bring the Gospel of Life not only with you on a mission, but daily into the whole world through your prayer, words and works. Thanks to all who helped make this mission possible, I hope to see you soon...on a mission.

Lupita Assad, RN

International Missions Coordinator

If you are interested in learning more about HHMM or would like to participate in an upcoming mission, please contact Gloria at mission@hhmm.org or (972) 253-1800.

Meet the Missionaries



Katie Meidl

Home State: Missouri

Parish: Holy Family Church

Mission: 2nd

I had an amazing experience. Not only was the spiritual program educational, it gave me a renewed passion for my faith. I also gained a new passion for the premed studies as I was able to see how much doctors can help others. I am excited to resume my studies and become a doctor and God willing return to help the people of Chiapas.



Christopher O'Brien

Home State: New York

Parish: St. Mary's of the Assumption

Mission: 1st

It was very fulfilling and yet demanding at the same time. It was uncomfortable in a lot of ways (bathrooms, food, bugs...) "but that was well worth it to see just one sick person cared for". And once you saw the poverty of the people - for instance, a family with young children standing in their shack which they call home while it was raining all around them and cooking over an open fire for dinner - you stopped complaining.

My favorite moment was listening to an eighty year old woman who talked non-stop about what hurt her. She just wanted to talk to someone - all we could give her was simple medication to alleviate some of the discomfort, but she was very grateful just to be listened to.