

Living the Mission Experience

Delivering compassionate healthcare and the Gospel to the most needy in the developing world

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Forward to a Friend

Serving All God's People



When most people think of Helping Hands Medical Missions, they think of generous doctors, nurses and medical/non-medical personnel traveling to distant countries to work with the poorest of the poor, bringing

them composite healthcare and the truths of Holy Mother Church. However, there are times when we engage the rich and powerful during the missions. For example, working with political leaders and helping them understand what Helping Hands is doing and how they are helping to bring a sense of justice and love to a particular country, is very important. This month's featured story is about a Missionary and her reflections on meeting the President of Guatemala and the opportunity she had to share her love for the mission work she and the team members had just accomplished. We hope this story will inspire you to always be prepared to bring the love of Christ to all peoples and all nations.

If you feel that God has been calling you to a mission or know someone who is considering attending a mission, please contact us for more information.

Lupita Assad, RN

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International Missions Coordinator

We love, we care, without boundaries. If you would like to experience the joy of collaborating on a Helping Hands Medical Mission or if you are interested in learning more about HHMM please contact Gloria at mission@hhmm.org or (972) 253-1800.

Meet the Missionaries



Alma Levy, MD Pediatrician

Home State: Louisiana Parish: St. Peter Catholic Church Mission: Thirteen

There are many events in our lives

that happen and at the time, one doesn't understand the reason or purpose for these events. Such an event happened after the mission on my last night in Guatemala. A few missionaries decided to have dinner at the Hotel Santo Domingo in Antigua, Guatemala. We heard from some of our Guatemalan friends that the President of Spain was in town and may stop to have dinner at the hotel. As we were waiting to be seated, we noticed some commotion and a number of body guards entering the restaurant, we thought that it might be the President of Spain, but instead it was the President of Guatemala, Otto Pérez Molina. One of our missionary friends, David, knows President Molina personally. David proceeded to introduce us to the President; he was very gracious and spoke to us for what seemed like a longtime. David explained to him that we were American Missionaries who had just finished a week long mission in Escuintla, Guatemala. David introduced me as the Medical Mission Director, thanked me personally for our work with his people. I was very honored, I replied by thanking him and letting him know what a privilege it has been to work with his people for the last 13 years.

The encounter with the President was very exciting, I had never thought of meeting the President of Guatemala on this or any of our missions. As the commotion subsided, I reflected on the two encounters I had with God's children. During last year's mission I had served a very poor man, a "posado" (homeless) and this year I shared our work with the President! These two events served to remind me that we must strive to be "all things to all people," sharing our love and the Gospel with all of God's children, young or old, rich or poor, powerful or simple. These two encounters have also ingrained in my mind and heart that one of the important roles of a missionary is to be a bridge between the powerful figures of the world and the poor and destitute of Christ; being an instrument for Christ.