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# Living the Mission Experience

*Delivering compassionate healthcare and the Gospel  
to the most needy in the developing world*

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*Forward to a Friend*

## Learning to Love



Loving God is just something very important for man. It is the only absolutely important thing, the one for which man was created, and so it is his fundamental task on earth and will be his sole occupation forever in heaven. Learning to love God is not easy in our noisy culture. In order to love someone you need to spend quality time with that person. In quiet prayer and contemplation we learn to love God, this can be at home, at Mass, or in Eucharistic Adoration. From our intimate, quiet time with God, he encourages to go...Go make disciples of all nations. We are sent, we are called to also love God in our service to others, this is shown in each of our missions, loving the poorest of the poor. However, what happens in many times is that in the course of missionary services, its the missionaries who learn how much they are loved by God in return though the love that has been shown to them by the poor.

In this issue of Living the Mission Experience we will hear from a young women who at-tended her first mission in Mexico. Julia went on the mission because she has learned to love God and wanted to share the love of God with others. Julia did not know what to expect, at times she was a little apprehensive, but with her trust in and God and humble missionary heart she experienced the love of her patients thus learned more about God's infinite love for her through the poor.

If you are someone who feels compelled to share God's love with others I encourage you to inquire about a mission. you to attend a mission or know someone who is considering attending a mission, please contact us for more information.

Lupita Assad, RN

International Missions Coordinator

*We love, we care, without boundaries. If you would like to experience the joy of collaborating on a Helping Hands Medical Mission or if you are interested in learning more about HHMM please contact Gloria at [mission@hhmm.org](mailto:mission@hhmm.org) or (972) 253-1800.*

## Meet the Missionaries

### Julia Marincel

Home State: Texas

Parish: Matter Dei Latin Mass

Mission: First



"There are many I would use to describe my first Helping Hands Medical Mission. However, what I will remember most is the universality of our faith. We received such warm reception when we arrived in Mexico and when we attended Mass the the locals warmth just seemed to transcend the language barriers. We had many opportunities to visit with people and to learn about their lives. I learned that in spite of many hardships which the poor suffer in Zacatecas, God's love continues to shine through in so many instances."

I learned so much from the poor in Tlaltenango Zacatecas, especially how to be happy by letting your faith shine in all circumstances, bearing witness to God's love.



**Serve with us on a mission. Learn more at [www.hhmm.org](http://www.hhmm.org).**