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Living the Mission Experience

Delivering compassionate healthcare and the Gospel
to the most needy in the developing world

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Forward to a Friend

Our Unity in the Holy Sacrifice of the Mass



Paragraph 1324 of the Catechism of the Catholic Church states that the Eucharist is “the source and summit of the Christian life.” The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are

bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch.”

Our life as missionaries is not easy. Whether we are on a mission in the Developing World or trying to explain Christian doctrine to a coworker, we need strength and patience in order to carry this out with love and understanding. This strength comes in many ways throughout our lives, through experience, knowledge or encouragement from a friend. However, the ultimate source of our strength to carry out our Baptismal calling to evangelization comes from the Mass, and especially in worthy reception of the Eucharist. As Catholics we believe that Jesus Christ is truly present, Body, Blood, Soul and Divinity in the consecrated host. During this Eastertide, let us give profound thanks to our Lord who rose from the dead...He did not abandon us! *“Can a woman forget her baby that is still unweaned, pity no longer the son she bore in her womb? Even these may forget, yet I will not forget you (Is 49: 14-15)”*

Lupita Assad, RN

International Missions Coordinator Volunteer

*Are you interested in serving on a mission?
Please contact Gloria Madrigal at the international
headquarters of HHMM in Dallas, Texas at
(972) 253-1800*

Meet the Missionary Jane Endres, Volunteer

Home State: Wisconsin

Parish: St. Ann Catholic Church

Mission: First



The mission trip was a very enlightening experience for me. I do a lot of volunteer work with the poor in the US, but even the poorest people I have worked with in the States have so much more than

people I've met in El Salvador. However, even though, they are poor, I have never met a more appreciative or patient people. I was fortunate to be able to go on a home visit to a place that had received a water filter from the Helping Hands Mission last year – what a humbling experience it was, the family was so grateful! I will never take water for granted again – or medical care for that matter. We are so very fortunate in the United States to have water and filtration systems, let us not take this engineering marvel for granted and let us do all we can to help provided these basic necessities to people in the developing world.

What motivates me to volunteer is that I have been blessed in my life and want to give back in any way I can. My favorite moment during the mission was participating in the Holy Mass at the local churches with the local people. I was overcome with emotion when I saw and felt the power of the Universal Church – all of us celebrating the Eucharist together in song and prayer, even in different languages – the Mass is a great uniter of peoples.

Serve with us on a mission. Learn more at www.hhmm.org.