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# Living the Mission Experience

Delivering compassionate healthcare and the Gospel  
to the most needy in the developing world

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Forward to a Friend

## Indifference to Good and Evil



I left for the missions on March 7 and returned to the states on April 7. So far, I have been blessed with many opportunities this Lent to refine my charity and grow closer to the Lord.

“Our prayer during Lent aims at awakening consciences, at making them sensitive to God’s voice. ‘Harden not your hearts,’ the Psalmist says. In fact, the numbing of conscience, their indifference to good and evil, their deviations, are a great threat for man. Indirectly, they are also a great threat to society because, in the last analysis, the level of morality depends on the human conscience.”<sup>1</sup>

This is precisely the reason we must constantly strive to learn our faith in order to enlighten the minds and hearts of others in the medical field to help awaken their consciences. Sadly, we see the consequences of the “indifference to good and evil” with forced sterilizations and other assaults against the dignity of the human person, especially the poor whom we serve.

Let us resolve this Lent to have a better formed conscience when it comes to the moral teachings of the Church and share those teachings with boldness both on the mission and in our day-to-day lives.

If you or someone you know would like to attend a medical mission, please contact us directly at [mission@hhmm.org](mailto:mission@hhmm.org) or call us at (972) 253-1800. You may also visit our website at [hhmm.org](http://hhmm.org).

Thank you and we hope so see you soon, on a mission!

*Lupita Assad, RN*

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International Missions Coordinator Volunteer

<sup>1</sup> St. John Paul II, Angelus, 15 March 1981

## Meet the Missionaries In Their Own Words

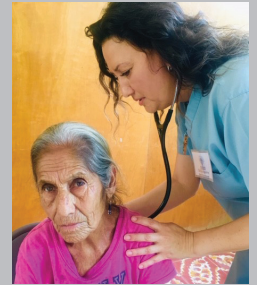
### Erika Aguirre, NP

Home State: Texas

Parish: Saint Pius X

Years Serving HHMM: First Mission

I have enjoyed every part of the experience! Just knowing I am able to help even one person makes it all worth it. I enjoy sharing my knowledge and skills with the needy.



My favorite moment was going to Ocotepc and meeting a local woman who was afraid to sleep next to her husband because he had been diagnosed with cancer and they were afraid it would make her sick. The look in her face when I told her that cancer was not contagious will be forever engraved in my memory. The relief and happiness her new-found knowledge must have given her was priceless.

### Ben Salinas, MD

Home State: Texas

Parish: Saint Martin de Porres

Years Serving HHMM: First Mission



My experience was excellent—just what I like to do, and more!

This is my first mission with HHMM. I hope to come back soon and do more missions. I would love to come back and make it better.

What motivates me to volunteer is helping other people, mostly in need. I’d like to help all the time. I find it gratifying to help all people in need, and to make new friends.

My favorite thing was spending time with the patients, and talking with them, trying to educate them.