

Living the Mission Experience

Delivering compassionate healthcare and the Gospel to the most needy in the developing world

Forward to a Friend

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A Universal Mission



"I recently returned from a wonderful mission in Katikamu, Uganda, where the Church is alive and vibrant. In a way it was nice to be thousands of miles away from the daily barrage of Church scandals that continues to unfold throughout the Church

in the US and elsewhere. Spending a few days amongst the simple people in East Africa was refreshing to say the least. The Church in the Americas and Europe with its materialism and opulence could certainly learn a lesson or two from our "poor" brothers and sisters in Africa. I put the word poor in quotes because, even though the people of Katikamu are materially poor, many of them are spiritually rich in the things that matter most. For example, they have a genuine thankfulness for the care they received from the medical missionaries, they certainly did not have any hint of an entitlement mentality. A number of the people I met have a very good understanding of what our Lord said when he spoke on the Parable of the Talents, even the Steward who was given only one talent received an enormous amount, you could say an infinite gift, the gift of life itself and whether we live in Katikamu, Uganda or Dallas, Texas we need to be tremendously grateful for the life the Lord has given us and make the most of that life serving others in the state of life we have been called to on that day, that great and glorious day, we will bring the fruits of our labor, a life of struggle and self-giving and present them to the Lord. If you are interested in attending a life-changing Helping Hands Medical Mission, please contact, Gloria at our International Headquarters.

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Lupita Assad, RN International Missions Coordinator Volunteer

Meet the Missionary Kevin Mark, DDS

Home Country: Manitoba, Canada Parish: St. Felix de Valois Roman Catholic Church Mission: First



The people of Uganda brought me encouragement and peace. I truly enjoyed my experience. I joined this mission being somewhat

discouraged about the scandals coming to light within the Church, but I am leaving this mission knowing what it means to be a true Catholic, having seen so many wonderful examples in these beautiful people. What motivates me to continue volunteering is my love for Christ, enjoyment of adventure and the opportunity to experience new cultures. My most memorable experience of the mission is the participation at Holy Mass. Never have I witnessed people worshipping the Lord with such devotion that flows from genuine thanks and love of our Lord Jesus Christ.

Are you interested in serving on a mission? Please contact Gloria Madrigal at the international headquarters of HHMM in Irving, Texas at (972) 253-1800