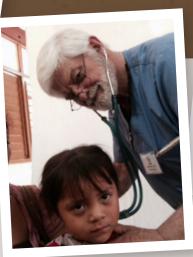
Impact Statement 2014



Delivering compassionate healthcare and the Gospel to the most needy in the developing world









HELPING HANDS Medical Missions Impact Statement 2014

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Be a Missions Promoter and Share with Others



Dear Fellow Missionaries in Christ,

I feel so blessed by God to be able to serve the poor throughout the world by way of Helping Hands Medical Missions. For the third year in a row, we have increased our missionary participation. As a direct consequence, we have also increased the number of patients we have able to minister to. This has been accomplished in a number of ways: through a more focused outreach to current and past missionary participants, through our participation in local and national Catholic



medical organizations, through social media and the internet, but most importantly and concretely through you! It has been your witness, your love and your invitations that have inspired others to give the missions a try. Your one on one outreach to your friends and family through a personal invitation has been one of the primary reasons for our growth in 2013-14 year.

Pope Francis has written that our faith cannot be exclusively read through books, it has to be experienced in the real world by helping others. This is precisely the experience of so many of our missionaries. It has been such a blessing to see people experience this life giving service to others on their first mission. I have also seen missionaries experience this same joy on their 15th mission.

One of my personal mission highlights this year was our mission to San Cristobal de las Casas, Chiapas. This year marks the fourth year that HHMM has done missions in this part of Mexico. During the past 18 years, I have seen other mission programs begin and end, but with God's grace, your constant prayers and untiring love for the poor, HHMM has been able to persevere year after year. I am so humbled by the outpouring of dedicated service from our Mission Directors and missionaries. I thank God for another year of service to the poor and look forward to our new initiatives and life changing missions in 2015. May God continually bless you in doing His work and may Saint Luke, Patron of Physicians and Surgeons; Saint Agatha, Patron Saint of Nurses; and Saint Theresa, Patron Saint of Missionaries, watch over all of you now and always.

Sincerely in Christ,

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Lupita Assad, RN Foundress and International Missions Coordinator

Bringing the Gospel of Life to the Poor – International Program Update

Water Project

Helping Hands Medical Missions has been delivering compassionate healthcare and the Gospel message of Jesus Christ to the most needy of Guatemala for the past 12 years. Through free medical clinics and the loving service of our missionaries, thousands of lives have been impacted in a positive way.

During the course of a mission in Santa Maria de Jesus, Guatemala, many of the children and adults who visited the clinic were diagnosed with parasites; a direct result of drinking contaminated, unfiltered water. Left untreated, parasitic infections lead to malnutrition and a compromised immune system. The missionary doctors began treating parasitic infections with medication; however, this is only a short-term solution. The parasites return when the medication is finished because of the contaminated water.

There is a limited supply of clean water in the village due to insufficient and damaged infrastructure, and very few people have access to this clean water. Those who do not, oftentimes the very poor, especially children, become ill and in some cases die because of the lack of clean water. Clean water, a basic necessity for life, is something we in the United States may take for granted, but for the people of Santa Maria in Guatemala, it is a daily struggle.

Recognizing the debilitating effect contaminated drinking water was having on the poor who inhabited the area of Santa Maria de Jesus, a team led by Doctor Michael Brezinsky proposed a solution.

"I have treated many patients with parasitic infections due to contaminated drinking water, but as a result of many generous souls, in the fall of 2014, we will be providing a long-term solution through a new filtration system".

In 2013, Dr. Mike and his team worked with the local ground team in the region to locate water filtration companies that could produce a simple yet effective filtration system that people could use in their homes. They discovered a company in Guatemala called EcoFiltro. This company will assist with all the logistics necessary to establish the project on the ground in Santa Maria de Jesus and the surrounding areas. In the fall of 2014, Dr. Mike and his team will provide over 200 families with these water filters.

We will update the status of this effort in the January 2015 Living the Mission Experience segment of the newsletter.



Spotlight On The Missions



Lupita's letter highlighted that our 2013-2014 year saw an increase in missionary participation. Also in 2013-2014, our alliances and partnerships continue to strengthen and build, throughout the US and the world.

We welcomed a new mission chaplain from the Society of Saint Peter, Fr. Philip Wolfe, FSSP. We have also partnered with St. Joseph Health System in Topeka Kansas to bring a number of healthcare professionals from Kansas on missions in 2015. Along with God's grace, we believe the growth in unity is a direct result of many years of successful missions, perseverance and continued promotion throughout the various Catholic parishes and communities by our faithful missionaries.



Only 6 Cents of every dollar goes toward fundraising and management

Mission Statistics

Below are some of the 2013-14 mission stats and all-time stats over the past 18 years.

Medical Missions Completed

Total Since 1996 – 19

Mexico 44	Philippines	8
El Salvador 26	Ghana	6
Guatemala 21	Venezuela	3
Brazil 10	Dominican Republic	L

Mission Participants

94 Cents of every dollar given to HHMM goes toward program

services

Total Since 1996 – 3,484				
2014260	2004 203			
2013207	2003 147			
2012	2002 132			
2011217	2001 174			
2010	2000 180			
2009 205	199991			
2008273	199879			
2007316	1997 50			
2006 235	1996			
2005 227	12			

Dentistry Patients

Surgeries Performed

Total Since 1996 – 3,218			
2014173	2004 189		
2013142	2003 198		
2012113	2002 179		
2011140	2001		
2010	2000 166		
2009165	1999144		
2008229	1998107		
2007270	199774		
2006	199691		
2005			

Ophthalmology Surgeries

Total Since 1996 - 154

A CONTRACT OF A			
	OPERATING REVENUE	2012-13	2011-12
Selected Financial	Mission Fees	\$ 110,538	\$ 104,204
Selected Financial	Donations	\$ 99,920	\$ 109,823
Information	Medical Volunteer Services	\$ 896,695	\$ 708,350
mormation	Total Operating Revenue	\$ 1,107,153	\$ 922,377
Complete Audit Report	· · · · · · · · · · · · · · · · · · ·		
Available Upon Request	OPERATING EXPENSES		
and the second states	Program Services	\$ 1,050,131	\$ 728,844
	Administrative and General	\$ 54,855	\$ 46,369
	Fundraising	\$ 12,511	\$ 11,249
Independent audit conducted	Total Operating Expenses	\$ 1,117,497	\$ 786,462
by Carlos Revnoso CPA			And the second s

Total Since 1996 - 14,541

Living the Mission Experience -A New Initiative Encouraging Other Missionaries, Past, Present and Future

The bi-monthly publication of Living the Mission Experience continues to be a great source of inspiration and encouragement to our missionaries, past and present, as well as the greater HHMM community. These one page publications include a commentary from the Founder, Lupita Assad, as well as testimonials from our missionaries. It is our hope that people stay connected and inspired through these stories. Additionally, we have had a number of missionaries who had not attended a mission in sometime be encouraged through these stories to attend another mission in 2014. For more information about current and past issues of Living the ure interested in reaning more vild like to Participate in an upcoi contact Gloria at mission@hhm 2) 253-1800. Mission Experience please visit the HHMM website at www. hhmm.org.

Chiapas 2014 Our final mission

Living the Mission Experience

Meet the Missionaries

me State: Missouri rish: Holy Family Church

Katie Meidl

Thad an amazing experience. Not only was the spiritual program educational, it gave me assess passion for my faith. I also gained an me a renewed the premed studies as I was able to see how much doctors can help others. I am excited to resume much studies and become a doctor and God willing return

actors can nelp others. Fam excited to resume miles studies and become a doctor and God willing return

Christopher O'Brien

Home State: New York Parish: St. Mary's of the Assumption

And once

to help the people of Chiapas.

ery fulfilling and yet demanding at the

In man way way numming any yer demanding at the same time. It was uncomfortable in a lot of ways

Same une, it was uncomortable in a for or ways (bathrooms, food, bugs...) "but that was well worth is to enabling managing managing managing and and and

to see just one sick person cared for a It to see just one sick person cared for. And once you saw the poverty of the people. for instance, a family with young children standing in their stack which they call home while it was raining all around them and exacting owner an ender fire for dimensional

when they can nome while it was raining an around them and cooking over an open fire for dinner - you

stopped complaining. My favorite moment was listening to an eighty vear

od woman who talked non-stop about what hurt her, She just wanted to talk to someone - all we

ne, one just wanted to tak to someone and Could give her was simple medication to allevia some of the discomfort, but she was very grateful

just to be listened to.

of 2013-14 sure ally, May is the rainy seaso

lack of ba Te n pr

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Participa ved: 800 sion accounts are from mission accounts are from two Helping ets. There bird summary gives you ir missionary experiance. I would you have been account would be the ESS Father Wolfe celebrated Mass Sacrament of Reconciliation numerics

Sr Lille rot Gring the former of the former

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tional Missions Coordinator

Advisory Board Members

lim Becker, M.D.

Mark Knabel, M.D.

Michael Brezinsky, M.D.

HHMM Staff

Serve with us on a mission. Learn more at www.hhmm.org

Lupita Assad, RN, International Missions Coordinator Gloria Madrigal, National Secretary

HELPING HANDS Medical Missions provide a unique life-transforming experience for doctors, nurses, medical and non-medical personnel. We have missions almost every month of the year. Serving over 2,000 poor patients per mission ... our missions last from 9-10 days, depending on geographic location.

HELPING HANDS Medical Missions Mission Schedule 2015

LOCATION	DATE
Philippines: Tanauan-Batangas	February 12 - 21, 2015
Guatemala: Escuintla	February 27 - March 7, 2015
El Salvador: Chalatenango	March 12-20, 2015
México, Chiapas: San Cristóbal	May 22 - 30, 2015
México, Chiapas: Copainalá	July 24 - August 1, 2015
México: Zacatecas	Summer, 2015
El Salvador: •San Salvador •Santiago Texacuangos	October 23 - 31, 2015 October 30 - November 7, 2015
Guatemala: Santa María de Jesús	November 6-14, 2015

Contact Information

If would you like additional information on dates and locations please contact: Gloria Madrigal, **National Secretary 972-253-1800** or visit us at **www.hhmm.org**



HELPING HANDS Medical Missions P.O. Box 171088, Irving, TX 75017 972-253-1800