

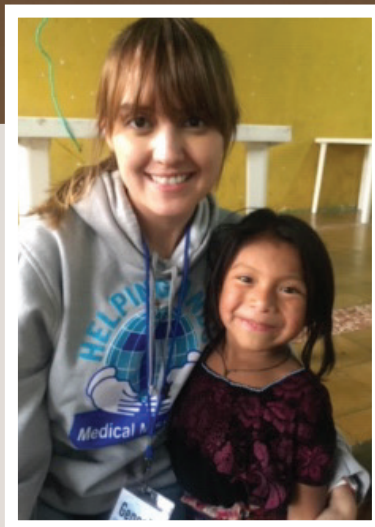
# Impact Statement

## 2018



*Delivering compassionate  
healthcare and the Gospel to the  
most needy in the developing world*



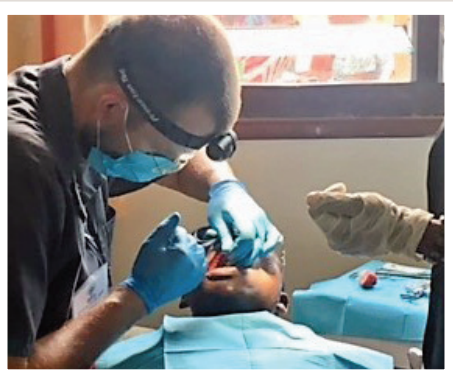


## **HELPING HANDS** Medical Missions **Impact Statement 2018**

---

### **Table of Contents**

Letter from the Foundress	2
The Next Generation of Missionaries	3
Meet the Missionaries	4
A New Website	5
Mission Uganda	5
Statistics and Financials	6
2019/2020 Mission Schedule	



Be a Missions Promoter  
and Share with Others

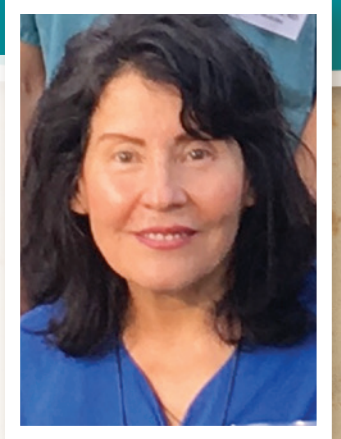




December 2018

### Letter from the Foundress

Reflecting on this past year, I realize it was a year of a few “firsts”. It was my first full year of retirement from Parkland Hospital and HHMM made its first mission trip to Uganda. These “firsts” have been a tremendous blessing, since I am now able to spend more time with my children and grandchildren and more time volunteering with the missions. Unfortunately, this past year also brought us an unprecedented amount of scandal in the Church. We were again sickened by the actions of some of our clergy and ecclesial leaders and heartbroken for the victims. I pray for a deep healing and profound conversion in 2019 and beyond.



With so much confusion and anger swirling around us, my prayer for the Church and our apostolate, Helping Hands, is that we do not get discouraged, but instead act like the saints! Many saints had to endure times of struggle and scandal, but they did not give up! They fought the good fight and now they enjoy the reward of Heaven. We must turn to the Lord who will, “enlighten the heart and the mind”, in prayer and mortification, bearing witness to the truth of the Gospel in our everyday lives. We must offer this witness both on the missions and at home. This is the only way we will be able to convince others of the love of Christ!

I am pleased to present the 2018 Impact Statement. So many people have contributed to the success of Helping Hands this past year. I am grateful for the determination and courage of the missionaries who traveled to new and unfamiliar lands, enduring the summer heat, the long waits, and the day to day struggles. I want to assure you it was all worth it! Offering your talents to the Lord in the missions has made a great impact in the lives of others and will continue to do so in the future. Please encourage others to join us for a mission in 2019 (see the mission schedule on the back page).

Be assured of my prayers for all our missionaries, volunteers and benefactors; we could not have done this without you. I pray that this Advent and Christmas Season will be one of deeper conversion for all of us and I hope to see you soon, on a mission!



Putting faith into action for Christ,

A handwritten signature in blue ink that reads "Lupita Assad, RN".

Lupita Assad, RN

**Foundress and International Missions Coordinator**



# Living the Mission Experience



## THE NEXT GENERATION OF MISSIONARIES

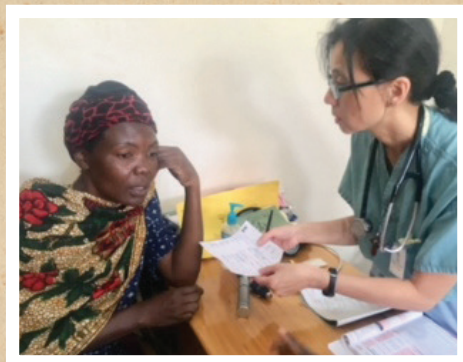
The last 22 years have gone by so quickly. I am grateful for all the generous missionaries whom I have had the privilege to work alongside. On a recent mission, I was reflecting on the future of Helping Hands. If we would like to see HHMM continue to be a beacon of light in our dark world, we need to cultivate the next generation of missionaries and chaplains now. That is why, in 2019, thanks to our generous benefactors we will be able to offer full and partial scholarships for young adults to attend the missions. To inquire about these scholarships, call the National HHMM Office or visit us online at [www.hhmm.org/missionscholarships](http://www.hhmm.org/missionscholarships).

In this edition of Living the Mission Experience, I would like to introduce you to a young man named Christian who attended our mission in Ghana. Thank you Christian for having the courage to share your gifts and talents with our brothers and sisters in Ghana! If you know someone who would like to attend a mission, please contact Gloria at the National Office at 972-253-1800

Name: Christian Goduti  
Parish: St. Mark Catholic Church  
Home State: North Carolina  
Currently a seminarian at St. Joseph's  
Seminary in Charlotte, NC



[Ghana was] a magnificent experience! I now have such a deeper love for the poor. Before this trip I was fearful of how I might act around the poor in developing countries. I was afraid of closing my heart off because of the discomfort. But of course, by the grace of God, my heart was opened. In Ghana, I was able to see Christ from a different point of view. He opened my heart so that I could charitably take care of my brothers and sisters in Christ who have so little. I am so thankful to HHMM for opening this door in my life. I pray that God continues to water the seed that has been sown in my heart through the poor in Ghana, Africa. Ad Majorem Dei Gloriam!







## Meet the Missionaries

### **DR. MIKE O'DONNELL**

**Occupation: Anesthesiologist, Missions attended: 24 since 1998**

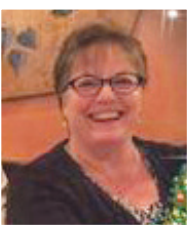
I have been working with HHMM since the first mission to Valladolid, Mexico in 1998. I have gone on at least one mission a year since then. I went on the first mission to El Salvador in 1999 and have tried to make a mission week there each year since then.

Why I continue to be committed to working with HHMM? In El Salvador, the local missionaries efforts for HHMM are clearly immense as they have prepared for weeks and months in advance for our one week mission. Thus, we are able to give the people we serve hope, love, spiritual and medical care not only from the traveling missionaries but from the local missionaries who care so much for their fellow countrymen. I have found the people working with HHMM both in the local country and those arriving from abroad are the most generous people I know. I need to be around more people like this so I can grow more in my own generosity.

### **NEW CHIAPAS MEDICAL DIRECTOR**

**Angela Maupin Kristan, MD, Family Medicine**

Dr. Angela will assume the role of Medical Director for the San Cristobal de las Casas Chiapas Mission in 2019. San Cristobal is a key mission site for HHMM because the Bishop of that Dio-cese has received the missionaries with enthusiasm and confidence. The 2018 mission was very special for Dr. Angela as she and her husband, Michael, celebrated their 5th Wed-ding Anniversary, and Michael's ordination to the Permanent Diaconate for the Diocese of Rochester, NY. The medical missions are close to Dr. Angela's heart because they allow her to use her God given talents of corporal healing and spiritual encouragement for the good people of San Cristobal.



### **SPECIAL THANKS**

**Christine Hunter, RN, BSN - Mission Director**

For the past 15 years, Christine has courageously led the HHMM missions in Sonsonate and San Salvador, El Salvador. For a number of years, Christine, her husband, Branson, and Dian-na Janssens have coordinated the successful mission fundraising event: "Taste & See" Dinner, at St. Thomas More parish in Houston. Funds raised from this event would go to support the team's mission efforts in El Salvador each year. Christine and her team also coordinated a number of container shipments of medications, surgical supplies, and medical equipment for the mission. Christine and her team have recently made the decision to shift their efforts to assist the poor in the greater Houston area going forward. Lupita Assad, HHMM International Missions Coordinator, is very grateful for Christine and her team's service over the past 15 years and prays for their continued success in ministering to the poor in Houston.



### **Diana Janssens, Mission Volunteer**

Diana has also chosen to move on from the El Salvador mission to help the poor in the greater Houston area. Diana was the unsung hero behind the scenes of many missions to El Salvador, whether doing inventory for each container, or assisting with the make-shift mission pharmacy. Even when dealing with her own medical issues, Diana persevered and continued to help the poor of El Salvador. Diana's husband, Joe, was also a hard working member of the El Salvador team and attended a number of medical missions. Lupita wishes to thank Diana and prays for her continued success in serving the poor of Houston.



## Special Projects



**Congratulations to Helping Hands Medical Missionary, Ellen Miller and her team,** for completing a vitally important missionary water project in Guatemala. With financial support from a local Foundation and the generosity of parishioners at Saint Mary Catholic Church in Ridgefield, CT the project is now complete. The project took two years, but the grateful people of Santa Maria de Jesus will finally have clean water in 15 minutes rather than the two hour process they used to follow.

### FINALLY A NEW WEBSITE!

The new HHMM website (<http://hhmm.org>) launched in 2018. The overall goal of the new web-site was to help our missionary work in several ways, especially by providing clear communications. The website now provides mission information in a clear and concise manner that will in-spire new visitors to want to learn more about the missions. Making the user experience easier and more accessible will also help our veteran missionaries keep up-to-date on all things HHMM. Many changes were made to the website, but probably the most significant is the new Mission Pages <https://hhmm.org/join-mission/philippines>. These pages highlight each mission in more detail, giving its purpose, history, specialties needed, climate information, and much more. All of this was done with the goal of making it easier for volunteer missionaries and prospective volunteer missionaries to find, learn more and request additional information. We are thankful for the wonderful team at On Fire Media, who assisted with this project.

### Recent feedback we have received from some of our missionaries about the new site include:

*"The website will give missionaries the information they need and a realistic look at what to expect. The information is well organized and effectively tells your organization's story both in numbers and in narrative. Great work!"*

*"Very nicely done! you have met your objectives. I especially like the photo on the "about us" screen!"*

*"The new website... looks great and [is] definitely easier to navigate on my smartphone! May God continue to bless the wonderful apostolate that you do!"*

*"The new website is very impressive and easy to navigate, professional."*

*"The new HHMM website... is modern, clear and easy to navigate, and has a beauty that reflects that of our Lord!"*

### MISSION UGANDA

HHMM, in collaboration with Diocesan Pro Life organization, the Kolbe Center for the Study of Creation and Human Life Uganda, and Father Jonathan Opio launched our first mission in the country of Uganda (East Africa). Our Missionaries were housed at the Emmaus Center and were treated each day to their wonderful choir and music during Holy Mass. Hospitality was generous and the food was delicious, too. Nine missionaries travelled in total, including our Chaplain, Fr. Jonathan Opio, from Kampala, the capital of Uganda.

These are exciting times for the local community of Emmaus. In accepting the challenge of host-ing the first medical mission, thanks to Fr. Jonathan's encouragement and the dedication of Dr. Monica Etima Kizito and Joseph Aonu, the St. Mary Clinic opened just in time for the start of the mission.

Our team, with the support of local doctors, treated over 1,000 patients in five days. The highlights of this mission were the door-to-door visits in the community, the visit to the Shrine of the Young Ugandan Martyrs and the inauguration of the St. Mary Clinic by the Bishop of Luwero.

Our home visits were heartbreaking as we encountered extreme poverty and orphans in many homes. A number of the family members we visited suffered from the effects of AIDS. But our missionaries prayed for physical and spiritual healing with the members of each of these house-holds providing hope to many of the local inhabitants. We, in turn, received encouragement from them as well. Despite the many struggles and hardships, there is a sincere sense of hope: hope for a better future and hope for the vibrant growing Church in Africa.



# Mission Statistics and Financials

## 2018 Mission

**9 Missions**

**194 Missionaries**

**16,211 Patients Served**

**1,348 Dental Patients Served**

**176 Surgeries**



## 22 Years of Missions

**159 Missions**

**4,292 Missionaries**

**257,166 Patients Served**

**20,213 Dental Patients Served**

**4,003 Surgeries**

### IN KIND DONATIONS

Medical & Dental Vol. Services

**2016-17**  
**\$1,019,410**

**2017-18**  
**1,230,360**

### OPERATING REVENUE

Mission Fees

**2016-17**  
**\$130,500**

**2017-18**  
**\$136,325**

Donations

**\$158,173**

**\$251,058**

**Total Operating**

**\$1,308,083**

**\$1,617,743**

### OPERATING EXPENSES

Program Services

**\$175,995**

**\$284,106**

Administrative and General

**\$17,761**

**\$30,325**

Fund Raising

**\$24,120**

**\$19,164**

**Total Operating Expenses**

**\$217,876**

**\$333,595**



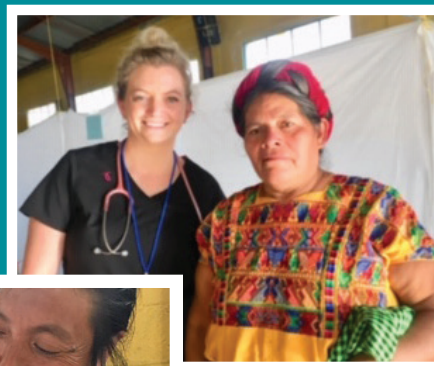
# HELPING HANDS Medical Missions

## Mission Schedule 2019/2020

LOCATION	DATE
Philippines: Tanauan-Batangas	February 14-23, 2019, February 13-22, 2020
México, Chiapas: Copainalá	March 8 - 16, 2019
El Salvador: Ateos	March 15 - 23, 2019
Guatemala: Patzún	March 30 - April 7, 2019 <i>NEW</i>
México, Chiapas: San Cristóbal	May 31 - June 8, 2019
East Africa, Uganda: Katikamu	August 14 - 24, 2019
El Salvador:	
•San Salvador	October 25 - November 2, 2019
•Santiago Texacuangos	November 1-9, 2019
Guatemala: Santa Maria de Jesus	November 8-16, 2019

## Contact Information

If would you like additional information on dates and locations please contact:  
 Gloria Madrigal, **National Secretary 972-253-1800**  
 or visit us at **[www.hhmm.org](http://www.hhmm.org)**



**HELPING HANDS Medical Missions**

P.O. Box 171088, Irving, TX 75017  
 972-253-1800